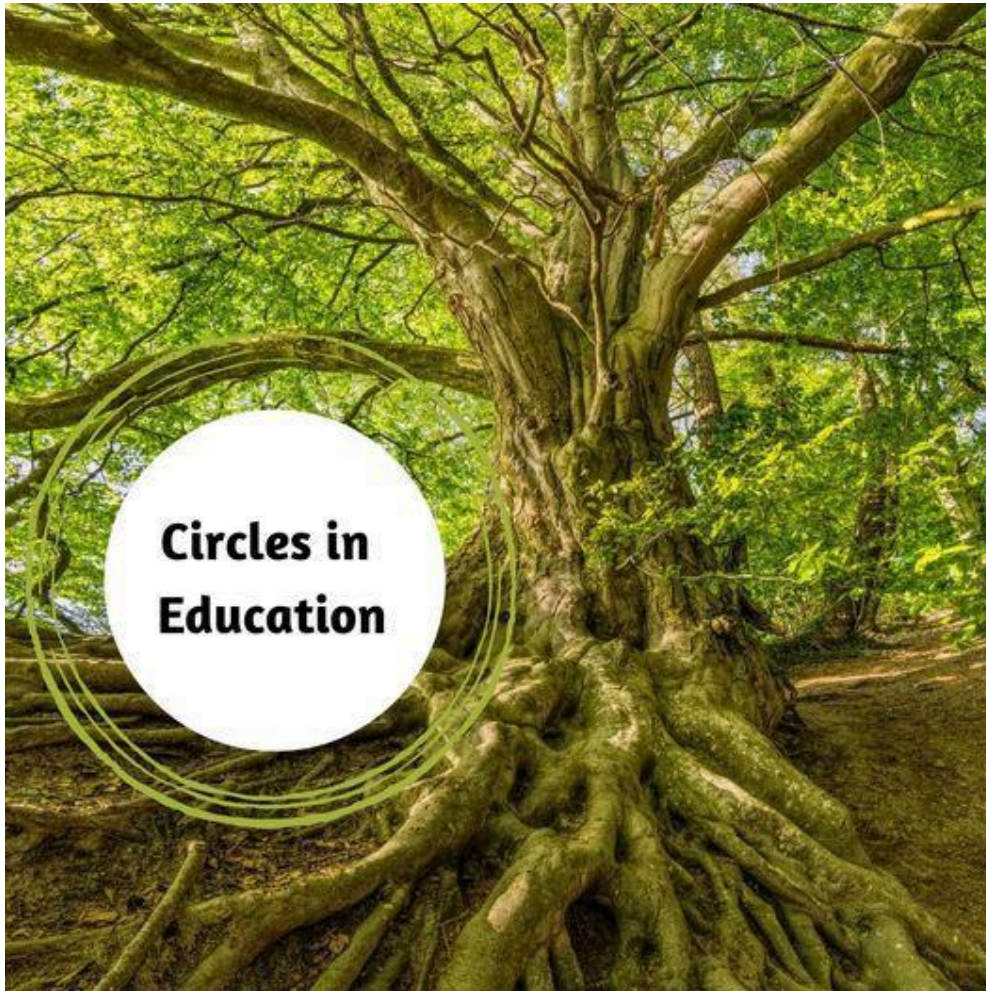


Our Transition programmes for schools

Putting personal development at the heart of the curriculum



Intent ~ To develop confident, curious, reflective pupils, connected to themselves, their community, and the wider world.

Implement ~ By establishing circle practices where pupils are given space and an environment to build relationship and develop life skills in communication, listening, empathy and respect.

Impact ~ Social emotional skills are the foundation of academic success, positive relationships and help create engaged, responsible and caring members of society.



“Effectively weaving social, emotional, and academic components into the fabric of a school helps students remain motivated to develop skills to navigate and succeed within their learning communities and to serve as responsible, contributing members of society.”
The Aspen Institute.



Programmes Overview

Primary:

Y6 ~ Circles for Change

Year- long programme

This programme consists of

- 1x day professional development in class to model and explore the foundations of circle practice with both staff and pupils
- a 10 x circles curriculum to support pupils across the year as they move towards transition from Y6 to Y7 for flexible implementation by teachers in school.
- monthly online circles for circle staff facilitators to deepen knowledge and understanding of circle practice.

One day workshop

Supported and delivered by Circlewise facilitators, this day long workshop of circles for pupils, designed around the theme of change and transition, will support all Y6 pupils in reflecting on their time at primary and their aspirations, hopes and challenges for the next stage of their education.



“Now is the time to return to more humane approaches concerned with the fundamental wellbeing, and secure positive development of the child. Without this there will be no results that have true meaning and deep personal value to the child in terms of their preparation for



adulthood.”

Professor Barry Carpenter – author of *The Recovery Curriculum*

Secondary:

Y7 ~ Finding our Feet

Year- long programme

This programme consists of

- 2 x days professional development for staff to explore the foundations of circle practice, its place within social emotional learning and how to successfully implement the *Finding Our Feet* curriculum within your school context.
- a 30 x circles flexible curriculum to support pupils across the year as they transition into secondary school for implementation by teachers.
- monthly online circles for circle staff facilitators to deepen knowledge and understanding of circle practice.

The *Finding Our Feet* curriculum explores 3 distinct areas:

- 1. Well-Rooted** ~ identity, self-esteem, confidence, talents, beliefs are all explored as pupils reflect on their own world.
- 2. Toe to Toe** ~ relationships, family, empathy and respect are all explored as pupils reflect on how they relate to the world of others.
- 3. Stepping Out** ~ diversity, culture, aspirations, society, citizenship, environment are all explored as pupils reflect on their place in the world.

One day workshop

Supported and delivered by Circlewise facilitators, this day long workshop of circles for staff and pupils, designed around the theme of change and transition, will support Y7 pupils in building relationships and exploring their aspirations, hopes



and challenges as they begin the next stage of their education.

Secondary:



Y11 ~ Seeds of Change

One day workshops

Supported and delivered by Circlewise facilitators, this day long workshop of circles for students, designed around the theme of change and transition, will support Y11 pupils in reflecting on and celebrating their time at secondary school and exploring their aspirations, hopes and challenges as they begin the next stage of their lives towards higher education, employment and training.



“When these times of transition are marked, ritualized, witnessed, and supported, it creates a kind of experiential map of self-development.”

Lertzman, D. A.

Rediscovering Rites of Passage s



Secondary:



Y12/13 ~ Changemakers

A two year leadership programme

This programme consists of

- 2 x days professional development for staff to explore the foundations of circle practice, its place within social emotional learning and how to successfully implement the *Changemakers* curriculum within your school context.
- a 30 x circles flexible curriculum to support pupils as they consider what it means to be an agent of change and explore the qualities of leadership as they move towards their next transition in education and employment
- monthly online circles for circle staff facilitators to deepen knowledge and understanding of circle practice.

The *Changemakers* curriculum explores 3 distinct areas:

1. **Changemaker** - my world
2. **Changemaker** - our community
3. **Changemaker** - our society





We want a fair and inclusive society based on a strong, stable and secure democracy, in which every person achieves their full potential as an active citizen, both personally and within their communities.'
Young Citizens SMSC Quality Mark

Additional optional support and training for schools and educators:

Putting mental health and wellbeing at the heart of education



Circlewise also offer an ongoing programme of support and development for both schools and individual educators on all aspects of developing circle practice.

This includes:

- Bespoke additional support for schools in supporting and embedding our various school programmes
- Online circles for those holding circles in schools to support own practice and develop expertise
- Introduction to circle practice for staff and leaders to explore and understand experientially the benefits and nature of circle practice for all stakeholders.



- Network circles for those holding or interested in holding circles to gain support and develop a wider experience of circle practice from different disciplines
- Parent circles to introduce and build relationship between school and parents

University transition programme

Putting mental health and wellbeing at the heart of higher education



Freshers Week Orientation

One day workshop

Supported and delivered by Circlewise facilitators, this day long workshop of circles for students, designed around the theme of change and transition, will support first year students in building new relationships alongside exploring their aspirations, hopes and challenges as they begin the next stage of their education journey. This workshop can be flexibly integrated into induction programmes and will include nature based- connection experiences to help build and resource students towards good mental health and wellbeing.

Circle Ambassadors Programme

Year – long programme

A year long programme of training and development for student volunteers in holding and exploring circle practices for peers to support mental health and well-being as students transition into life at university. Training is



experiential and explores the following aspects of circle practice:

- Why circles? What is circle practice?
- Creating the container: games and practical ways to support relationship building
- Creating the content: how to develop topics and prompts for circles
- Holding space: techniques and practices for opening dialogue and listening
- Sustaining circles: exploration of different forms to support and invigorate circle practice



“The effect of mental health issues on students can be serious and can lead to consequences such as: academic failure, dropping out of education, poorer career prospects and in the worst cases suicide.” House of Commons briefing paper 2020